



Rider Name _____



Hello Friends,

In July 2020 I am participating in the **Minds Over Mountains Cycle Tour** where I will be riding 840 km from Longview to Cypress Hills, Alberta, all to help raise funds for **CASA Child, Adolescent and Family Mental Health**. All proceeds will go directly to the programs and services that they provide. Today, **CASA** provides addiction and mental health services for over 4,000 infants, children, adolescents and their families each year.

My goal this year is to raise \$4,000 or more and I hope that you will consider pledging me today. All contributions of \$20 or more is tax-deductible. Please make cheques payable to the **CASA Foundation**. I really appreciate any support that you can give me in my endeavor. I truly feel this is a very important cause and I am proud to be riding in support of mental health.

	Name of Sponsor	Address	City, Prov.	Postal Code	Phone No.	Email	Pledge Amount
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

1. Riders may start collecting pledges as soon as they register.
2. Pledges may be made by anyone. **Each sponsor making a pledge should fill out the pledge form themselves.** Riders are welcome to collect all pledges in advance, but must submit all pledges together with this form, to **CASA Foundation** office at **Suite 406, 10011-109 Street, Edmonton, AB T5J 3S8** once complete. For any questions please contact **Elyse Colman** at **780-400-4191** or ecolman@casaservices.org